# Program Descriptions Community Grants Partners 2013

#### Cape Breton Region

#### Youth-Seniors Time Banking Project Bay St. Lawrence Community Centre

The Time Bank project is intended to contribute to community development and crime prevention in several communities located in Northern Cape Breton Island. In reality, the Time Bank acts as mechanism to link youth with seniors. Youth are encouraged to work with or assist seniors with a variety of activities; allowing both youth and seniors to contribute to their community in a positive way.

## Potlotek Youth Program

Education Office, Chapel Island First Nation

The goal of the program is to reduce risk factors by strengthening protective factors such as cultural pride/identify, support system of peers and elders, sense of belonging, and education. Specific activities include Mi'kmaq language/cultural workshop; herbal medicine field trips; life skills, elder-youth sessions; canoeing; and uses of indigenous and western knowledge.

## After School Activities with Youth Club

Whitney Pier Youth Club, Sydney

The Club is a well- established community driven program that offers education and recreational after-school activities to at-risk youth as well as breakfast and lunch Programs and summer pre- employment support programs. The Club is the vibrant center of "the Pier" and strong community partnerships have been established that link youth and community.

## Youth Peer and Parents PEACE Program

Educational Program Innovations Charity Society (EPIC), Sydney

The Youth Peer Program is a free 2 ½ hour after-school program for youth (8-18) referred by EPIC and community partners to address social and academic challenges facing at risk youth. Parent PEACE is a free ongoing parenting workshop open to any caregivers with school-age children.

## Eighth Street After School Program, New Waterford

Sponsored by the Safer Cape Breton Communities Association The Eighth Street Afterschool Program offers early intervention after school recreational and social development activities for younger youth ages 5 – 12 as well as day programs during the summer months. Activities will be geared to pro- social development, with the intention of preventing negative peer associations and high risk behaviors. Tutoring services, access to computers, nutrition learning sports and other recreational events are planned. Students from NSCC Marconi Campus and Cape Breton University are engaged as volunteer tutors and youth leaders.  $Page \mid 1$ 

## Youth on the Radar

J. L. Ilsley Family of Schools, Halifax

Youth on the Radar is three rotating extracurricular art-based youth clubs. These youth clubs are housed in J.L. Ilsley Community ArtSpace, the Captain William Spry Centre, and the Captain William Spry public library. Youth on the Radar's goals are to offer extracurricular workshops in art and recreation and to serve an underserved and disadvantaged community.

## LOVE Media Arts Program

Leave Out ViolencE (LOVE) Halifax

The LOVE Media Arts Program is Leave Out ViolencE's intake-level violence prevention and intervention program. Youth learn media arts and positive social skills to express themselves constructively without violence. The program includes a digital and Polaroid photography component. Leave Out ViolencE's works with youth who have experienced violence.

## North-End Youth Boat Building and Sailing Project

Nova Scotia Sea School Society, Halifax

Serving youth (14-18) in Needham North area, including Uniacke Square where youth design and construct their own projects using carpentry and multi-media art skills. Key activities include: seafarers building workshop; two to four day sailing and skills building trips out of Lunenburg; leadership and environmental education field trip to Windhorse Farm.

#### Voices of Change, East Preston

Community Justice Society Outreach

Voices of change is a multi-media cultural project for youth, which uses an Africentric intervention approach to strengthen cultural identity. Youth explore their heritage and issues of importance to them through storytelling, connecting with elders, mentorship, positive forms of self-expression, and learning technical skills to produce their own print, video, and web media.

# *Phoenix at Mulgrave Park, a Community and Youth Development Project* Phoenix Youth, Halifax

Phoenix at Mulgrave Park offers after-school and summer programming for youth and their parents, with a focus on recreational, artistic and service-oriented activities, community beautification projects, tutoring, and school-community connecting initiatives. Phoenix focuses on providing life and essential skill building opportunities, including youth leadership and pre-employment skills development.

#### *Girls United, a project of the Halifax Youth Advocate Program* Sponsored by the Halifax Regional Municipality

Girls United is an outreach project of the Halifax Youth Advocate Program, in partnership with over ten community partners. Girls United will focus its outreach to girls ages 12 – 14 who are either involved in the Youth Advocate Program or girls outside this program whose life experiences have left them at greater risk of crime. Girls United offers girls in the HRM a series of learning modules that will help build self-reliance and resilience. The goal is to use a wide range of learning activities and strong positive relationships to support girls who have experienced or have been exposed to gender specific risks that include: sexism, gender based exploitation, sexual abuse, child pornography and prostitution; in addition to other risks that including drug addiction, criminal activity, lack of positive adult role models, conflict between home and school life family and friends involved in gang or criminal activity.

# Northern Region

## Healthy Relationships for Youth

Antigonish Women's Resource Centre & Sexual Assault Services Association

The Healthy Relationships for Youth Project leads youth forums for violence prevention, training youth leaders to foster dialogue among youth and community members on issues relating to violence prevention & promotion of youth social engagement.

#### Colchester Youth PhotoVoice

Northern Aids Connection Society

Northern Aids Connection Society takes a creative and innovative holistic approach towards involving youth in peer to peer learning and journey of self-discovery culminating in a photography project where youth participants will be provided with cameras to conduct individual PhotoVoice projects of their conflict with the law, personal experiences with risk behaviours and what they have learned during the project to make more informed and healthier choices.

#### Springhill Teen Centre

Town of Springhill

The Springhill Teen Centre offers a wide range of activities for youth, including their drop-in centre for youth where leisure activities are enjoyed in a safe & controlled environment, with a focus on youth at risk.

## Youth Anti-Drug Strategy

Eastern Communities Youth Association, Canso

The Association sponsors a range of programs to create awareness of negative consequences of marihuana & alcohol use in a rural setting, incorporating the "Developmental Assets Approach" & after-school programming using awareness & prevention strategies for rural youth.

#### Maggie's Place Youth Programs for Cumberland County

Maggie's Place - A Resource Centre for Families, Amherst

Maggie's Place Youth Programs offer a range of programs that focus on enhancing the Search Institute's 40 Developmental Assets for adolescents through their programming approaches. Programs will include afterschool programming with youth mentors, specialized workshops for Adolescent girls ("Chicks Night Out") and a rural outreach program for youth in other communities in Cumberland County including the communities of Oxford, Pugwash, Springhill and Parrsboro.

## Valley Region

#### Teen Zone

Annapolis Valley Regional Library Network

Teen Zone reaches out to teens by utilizing libraries to deliver a variety of teen-centered activities. A significant component of Teen Zone is the onsite delivery of programming in the form of a Teen Lounge, which offers teens a safe and relaxed place to associate with their peers.

#### Annapolis County Cops N' Kids Program, Bridgetown

Annapolis County Cops N' Kids Association

This program engages up to fifty students from grades 7 - 9, and ten youth leaders from grades 10 - 12. This group of youth will work together with RCMP representatives throughout the school year to develop projects that can support crime prevention. In addition to the youth-led projects, the program will also host a series of workshops and a retreat camp for participants to bring them together with police officers to establish positive relationships and build leadership skills.

## Southwest Region

#### Teen Place Youth Nights -

New Germany Area Promotions Society

Teen Place Youth Nights are a series of Friday night activity/program nights for New Germany Youth who are between the ages of 12-18 years old. Teen Place Youth Nights provide rural youth with a place to come and feel welcome, a place to hang out that's an alternative to just hanging out.

#### Yarmouth Youth Centre

Split Rock Learning Centre Association, Yarmouth

The Yarmouth Youth Centre focuses on citizenship building, positive activities and youth engagement activities including facilitated sessions held on evening, weekends and office hours for youth in the community. Community clean-ups, bicycle repair shop, community gardens where participants will learn team-building skills.

# "Name the Shame" Project – Youth Developed Strategies for Prevention of Sexual Harassment

South Shore Schools Plus, Bridgewater.

Sponsored by the South Shore Regional School Board, this project is a multi- year program of strength based youth engaged processes which will support the reduction of incidents of sexual harassment. The related goals are to strengthen youth knowledge, awareness and skills around issues of sexual harassment, relationship abuse and respectful relationships. This youth led initiative will be delivered in the junior and senior high schools which are served by the South Shore Schools Plus Program.

#### The YMCA King Street Youth Centre

#### Lunenburg County YMCA, Bridgewater

The YMCA King Street Youth Centre is a project of the YMCA Lunenburg County, and services the youth of this hub city in the county. The Centre is open daily, connecting youth to their local community, developing positive friendships and supporting them to grow up healthy. The Centre provides a non-judgmental place where youth can feel safe and be engaged in a range of programs. The programs include educational support, skill development workshops, "chill zone" drop in, youth leadership programs and artistic and musical development sessions.